


JAL SCHOOL

SEPTEMBER

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			GROUND BEEF & MACARONI Seasoned corn Tossed salad Rice krispie treat Crackers 1/2 pt. milk	HAMBURGER French fries Lettuce & tomatoes Dill pickles Chilled Fruit 1/2 pt. milk
5  SCHOOL HOLIDAY	6 BURRITO Macaroni & tomatoes Mexican Salad Chilled fruit 1/2 pt. milk	7 SALISBURY STEAK Creamed potatoes Green beans Hot rolls Oatmeal Cookies 1/2 pt. milk	8 SPAGHETTI/MEAT SAUCE Black-eye Peas Garden salad Hot rolls Chilled fruit 1/2 pt. milk	9 SUBMARINE SANDWICH Oven fries Lettuce & tomatoes Pickle spear Banana pudding 1/2 pt. milk
12 CORNDOG Tater Tots English peas Mustard cup Chilled Fruit 1/2 pt. milk	13 BARBEQUE RIBLETTS Potato Salad Garden Salad Hot Rolls Chilled Fruit 1/2 pt. milk	14 TOASTED CHEESE SANDWICH French Fries Tossed Salad Orange Jello / Whip Topping 1/2 pt. milk	15 NACHOS GRANDE Pinto Beans Lettuce & Tomatoes Applesauce Cake 1/2 pt. milk	16 HOT DOG Pork & Beans Lettuce & tomatoes Pickle Relish Chilled Fruit 1/2 pt. milk
19 PEPPERONI PIZZA Green Beans Garden salad Chilled fruit 1/2 pt. milk	20 MEATLOAF Scalloped Potatoes Cora French Bread Chilled Fruit 1/2 pt. milk	back lunch 21 HAM & CHEESE SAND. Lettuce & carrots Potato chips Cookies Apple 1/2 pt. milk	22 PIG IN A BLANKET Whole potatoes Carrots Mustard cup Chilled fruit 1/2 pt. milk	23 FRITO PIE Seasoned corn Tossed Salad Crackers Wacky Cake 1/2 pt. milk
28 BARBEQUE FRANKS Whole Potatoes Peas Hot Rolls Apple Crisp 1/2 pt. milk	29 BAKED FISH Macaroni & cheese Coleslaw Cornbread Chilled Fruit 1/2 pt. milk	29 CHICKEN NUGGETS Creamed potatoes Green beans Hot rolls Chilled Fruit 1/2 pint milk	30 BEEF & GREEN CHLIE BURRITO Refried Beans Lettuce & Tomatoes Cherry Jello/Cool Whip 1/2 pt. milk	30 HOT POCKET Tater Tots Tossed Salad Chilled Fruit 1/2 pt. milk

menu subject to change